

POM

Perk of the Month

2024



Each month in 2024, we will announce a Perk of the Month (POM) for three different levels of participation.

1. Employees who complete **all 4 challenges** will get their names in the first-prize drawing — **a \$300 Value.***
2. Employees who complete **2 to 3 challenges** will get their names in the second-prize drawing — **a \$150 Value.***
3. Employees who complete **1 challenge** will get their names in the third-prize drawing — **a \$50 Value.***

* Participating employees will be entered in **only one** prize drawing each month. Prizes will vary.

September: Fall is in the Air!

Sept 1-30

- 1. Culinary Creation** — Pick one from the list.**
 - Celebrate National Waffle Week (the first week in September) and make a meal that includes waffles (sweet or savory).
 - Celebrate the first day of fall (September 22) and make your favorite fall dish.
 - 2. Start Fall in a Healthy Way** — Pick one from the list.**
 - Begin the Official September Whole30 Challenge on September 3rd.
 - Meatless Mondays (after Labor Day) – September 9, 16, 23, 30.
 - No soda for the entire month.
 - No sugar for the entire month.
 - 3. Fit for a Cause 60-day Fitness Challenge** — RoadVantage will donate \$2,024 to *We Love Our City* to help feed our community for the Thanksgiving Holiday.**
 - Company Goal: Track 2,024 Fitness Miles in 60 days.
 - Your Goal: Pledge the number of miles you plan to contribute toward the company goal. You can walk, run, bike, or swim — but you must complete the miles by October 31, 2024.
 - Your Pledge is due on Monday, September 9th.
 - 4. Reading Challenge (choose from the list of categories on page 3)****
 - **Monthly Challenge:** Read at least one book in September (only paper and e-readers will qualify). Post a photo and tell us why you would or would not recommend the book.
 - **Yearly Challenge:** Read at least one book from all 52 categories (only paper and e-readers will qualify) by the end of 2024, and you'll earn a chance to win a \$200 gift card to the bookstore of your choice.
- Go to [#pomchallenges](#) and download the handy tracker to post your progress.
It was posted on May 1st.

** Post photos and progress in Slack channel [#pomchallenges](#) by Monday, September 30th!

Fit for a Cause

60-Day Fitness Challenge

Daily Tracker

Sept 2	Sept 3	Sept 4	Sept 5	Sept 6
Sept 7	Sept 8	Sept 9	Sept 10	Sept 11
Sept 12	Sept 13	Sept 14	Sept 15	Sept 16
Sept 17	Sept 18	Sept 19	Sept 20	Sept 21
Sept 22	Sept 23	Sept 24	Sept 25	Sept 26
Sept 27	Sept 28	Sept 29	Sept 30	Oct 1
Oct 2	Oct 3	Oct 4	Oct 5	Oct 6
Oct 7	Oct 8	Oct 9	Oct 10	Oct 11
Oct 12	Oct 13	Oct 14	Oct 15	Oct 16
Oct 17	Oct 18	Oct 19	Oct 20	Oct 21
Oct 22	Oct 23	Oct 24	Oct 25	Oct 26
Oct 27	Oct 28	Oct 29	Oct 30	Oct 31

Reading Challenge

List of Categories



Read at least one book from the list of categories each month to meet the monthly POM Challenge.*
Read at least one book from all 52 categories throughout 2024 to meet the yearly POM Challenge.*

<input type="checkbox"/> Book about someone who changed the world	<input type="checkbox"/> A love story
<input type="checkbox"/> Book that takes place in a different world	<input type="checkbox"/> Book borrowed from the library
<input type="checkbox"/> Favorite book from your childhood	<input type="checkbox"/> Book by an inspirational man
<input type="checkbox"/> Book about a different religion	<input type="checkbox"/> Book by an inspirational woman
<input type="checkbox"/> Book set in another country	<input type="checkbox"/> Book recommended by your kid/a kid
<input type="checkbox"/> Book that boosts your self-esteem	<input type="checkbox"/> Comic book or graphic novel
<input type="checkbox"/> Book with a cover in your favorite color	<input type="checkbox"/> "How-to" book
<input type="checkbox"/> Book that celebrates diversity	<input type="checkbox"/> Book of trivia
<input type="checkbox"/> Book written by a self-published author	<input type="checkbox"/> Re-read a favorite
<input type="checkbox"/> Book published in the year that you were born	<input type="checkbox"/> Book with a stunning cover
<input type="checkbox"/> A classic that you struggled with in school (high school or college)	<input type="checkbox"/> Book set in the past
<input type="checkbox"/> A short story (or collection of short stories)	<input type="checkbox"/> Book of poetry
<input type="checkbox"/> Book that takes place on a beach	<input type="checkbox"/> Book in a genre that you usually avoid
<input type="checkbox"/> Book that starts with the first letter of your first name	<input type="checkbox"/> Banned book
<input type="checkbox"/> Book that prominently features a cat or dog	<input type="checkbox"/> Book that was made into a movie
<input type="checkbox"/> Adventure book	<input type="checkbox"/> Book that scares you
<input type="checkbox"/> Book that celebrates friendship	<input type="checkbox"/> Book about your favorite hobby
<input type="checkbox"/> Book written by someone under age 18	<input type="checkbox"/> Book written by someone in your hometown (past or current)
<input type="checkbox"/> Book recommended by a random stranger (live or virtual)	<input type="checkbox"/> Book that's been sitting on your bookshelf the longest
<input type="checkbox"/> Book that helps you save money	<input type="checkbox"/> Book about something that makes you thankful
<input type="checkbox"/> Book on the Top 100 Free Chart	<input type="checkbox"/> Book set in winter
<input type="checkbox"/> Book that helps you advance your career	<input type="checkbox"/> Holiday book
<input type="checkbox"/> Book set in fall, or with the word "fall" in it	<input type="checkbox"/> Book with the word "road" in the title
<input type="checkbox"/> Book featuring mythology	<input type="checkbox"/> Book with shadow on the cover (image or word)
<input type="checkbox"/> Book written by a comedian	<input type="checkbox"/> Book about or with a title containing a food item
<input type="checkbox"/> Book recommended by a coworker	<input type="checkbox"/> Finish a book you started and never completed

*Only paper and e-readers will qualify.